

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DOCTOR OF PHILOSOPHY IN COUNSELLING PSYCHOLOGY

CPSY 923: ADVANCES IN CLINICAL SUPERVISION AND PRACTICUM SKILLS

STREAMS: PHD (PSYC) P/T

TIME: 3 HOURS

DAY/DATE: FRIDAY 09/08/2019

2.30 PM – 5.30 PM

INSTRUCTIONS:

- **Question One is Compulsory**
- **Choose Two other Questions**

1. (a) Every practicing counselor, whatever skill and experience level, needs and has a right to clinical supervision. In addition, clinical supervisors need and have a right to supervision of their supervision services. Give your comment comment on this principle of counselling supervision. [3 marks]
- (b) Elaborate on the following aspects of client mental status exam: appearance; speech; emotions; Thought processes and content; sensory perception; capacities; and attitude towards the therapist. [7 mental marks]
- (c) Write short notes on the following counselling practice issues;
 - (i) Length, frequency and duration of counselling sessions
 - (ii) Contracting
 - (iii) Tape recording
 - (iv) Testing and use of psychometrics
 - (v) Negotiating fees
 [15 marks]
- (d) Explain five basic counselling principles essential for paraprofessionals in counselling practice. [5 marks]

2. (a) It is imperative that a supervisor and supervisee negotiate a contract to establish ground rules for supervision process. In relation to this statement, describe the elements of discussion and agreements of a well-structured counselling supervision process. [7 marks]
- (b) Identify and describe two models of supervision in counselling. [8 marks]
3. Evaluate critically the following skills and techniques in counselling service. Use relevant examples.
- (a) Observation skills [6 marks]
- (b) Role play [3 marks]
- (c) Multicultural counselling techniques [6 marks]
4. Discuss the following essential aspects of collaboration in counselling practice.
- (i) Consultation and networking [5 marks]
- (ii) Referral [7 marks]
- (iii) Termination [3 marks]
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