

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF MASTER OF

CPSY 812: COUNSELLING IN CONTEXTUAL SETTINGS, ETHICAL AND LEGAL ISSUES

STREAMS: CPSY (PART TIME)

TIME: 3 HOURS

DAY/DATE: FRIDAY 06/12/2019

11.30 A.M. – 2.30 P.M.

INSTRUCTIONS:

- Answer any **THREE** questions.

- Define the term counseling. (2 marks)
 - Briefly explain any five issues a school counselor is likely to deal with during counseling. (10 marks)
 - What ethical issues may arise for an educational institution counselor in Kenya? (8 marks)
- How does workplace counseling differ from counseling in a counseling centre? (10 marks)
 - What factors would you consider when designing a counseling program for young people? (10 marks)
- Describe the sequential steps one would follow in designing and implementing a counseling program in an educational setting. (10 marks)
- Define the term positive ethics? (2 marks)
 - Distinguish between ethics and morals. (4 marks)
 - Discuss any seven ethical foundations that act as basic guides for which counselors evaluate themselves. (14 marks)

Examine the case scenario on red flags and use it to answer question 5

A case scenario – red flags

You know, I went to a therapist once and it only lasted one session. I wanted to get over some test anxiety – I learned things well in class, but when I took tests, I couldn't do well. So I went to this therapist, and for a lot of the session he talked about things like, oh, getting a lucky pencil – the one I used when I studied and got practice questions right. He said this'd give confidence.

And then, about 45 minutes into the session, he told me I really should stop at a lingerie store on my way home and get a really sexy pair of panties and wear those to the test make me feel sexy and confident. It kind of creeped me out. I shot out of there and never went back. (Anderson & Handelson, 2010).

5. (a) Discuss the unethical issues portrayed in this case scenario. (10 marks)
- (b) Make your recommendations on what should be done to avoid such occurrences in future. (10 marks)
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