

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**CHUKA AND EMBU CAMPUSES**

**EXAMINATION FOR THE AWARD OF DIPLOMA IN EARLY CHILDHOOD  
DEVELOPMENT EDUCATION**

**ECDE 0241: HEALTH, NUTRITION AND CARE**

**STREAMS: DIPLOMA Y1S1 & Y2S1**

**TIME: 2 HOURS**

**DAY/DATE: FRIDAY 06/12/2019**

**8.30 A.M. – 10.30 A.M.**

**INSTRUCTIONS:**

- Answer question ONE and any other TWO questions.
- Do not write on the question paper.

1. (a) Define the following terms;
    - (i) Weaning
    - (ii) First aid
    - (iii) Food fortification
    - (iv) Prenatal care (8 marks)
  - (b) Briefly explain the advantages of family planning. (4 marks)
  - (c) Analyze the factors influencing nutritional requirements for different groups of people. (8 marks)
  - (d) Discuss three deficiency diseases citing the causes, signs, treatment and prevention. (10 marks)
2. (a) Analyze the factors contributing to changes in child rearing practices in Kenya today. (10 marks)

- (b) Explain the impact of HIV/AIDs in ECDE centres. (10 marks)
3. (a) Discuss the advantages of breast milk as compared to cow milk. (10 marks)
- (b) You are invited to give a talk to ECDE parents on nutritional needs of children aged 0 – 8 years. What advice can you give them? (10 marks)
4. (a) Discuss five strategies of promoting community health. (10 marks)
- (b) Children are playful and are most likely to encounter accidents at home and at school. Describe using relevant examples the first aid measures you can use to manage
- (i) Nose bleeding
- (ii) Burns
- (iii) Broken bones (10 marks)
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