

CHUKA



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**EXAMINATION FOR THE AWARD OF DIPLOMA IN CRIMINOLOGY
AND SECURITY STUDIES**

CRSS 0221: REHABILITATION OF ADDICTION & SUBSTANCES ABUSE

STREAMS: DIP. CRSS

TIME: 2 HOURS

DAY/DATE: MONDAY 02/12/2019

2.30 P.M. – 4.30 P.M.

INSTRUCTIONS: Answer question ONE and TWO questions

QUESTION ONE

- (a) State and explain any five physical effects of addiction and substance abuse. [10 marks]
- (b) Discuss any five warning signs of relapse in rehabilitation of substance abuse. [10 marks]
- (c) State and explain the various stages of recovery from addiction and substance abuse
[10 marks]

QUESTION TWO

- (a) In details, discuss any two models of addiction as brought about in rehabilitation of addiction and substance abuse [10 marks]
- (b) Explain any five factors that lead people into drug abuse and addiction. [10 marks]

QUESTION THREE

Giving examples, state and explain any five methods that can help overcome obstacles that hinder the recovery process. [20 marks]

QUESTION FOUR

State and explain any five principles in relapse prevention [20 marks]

QUESTION FIVE

- (a) Benjamin Rush identifies addiction as a 'Disease' in your own understanding of the theory, discuss [10 marks]
- (b) Giving examples, demonstrate the positive correlation between nutrition and the recovery process. [10 marks]
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