

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**FOURTH YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR
OF EDUCATION**

EPSC 331: PRINCIPLES OF GUIDANCE AND COUNSELING

STREAMS: BED (AGED) Y4S1

TIME: 2 HOURS

DAY/DATE: FRIDAY 13/12/2019

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS:

- **Answer question ONE and any other TWO questions.**
- **Do not write on the question paper.**

QUESTION ONE (COMPULSORY) 30 MARKS)

- (a) Compare and contrast any three principles of guidance and counselling. (12 marks)
- (b) Describe any four counselling skills that a high school teacher should use to assist with behavioural problems. (8 marks)
- (c) Discuss two key ethical issues that a counsellor should consider during a counselling process. (10 marks)

QUESTION TWO (20 MARKS)

- (a) Examine the relevance of psychological tests in educational institutions. (10 marks)
- (b) Analyse the stages of psychosexual theory based on their implication to counselling. (10 marks)

QUESTION THREE (20 MARKS)

- (a) Evaluate and five methods that one can use to evaluate a guidance and counselling programme in secondary schools. (10 marks)

- (b) Show relevance of multimodal therapy in counselling. (10 marks)

QUESTION FOUR

- (a) Distinguish career awareness from career development. (10 marks)
- (b) Identify any five methods that a school career counsellor can use to help students make career choices. (10 marks)
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