

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

THARAKA UNIVERSITY CAMPUS

**EXAMINATION FOR THE AWARD OF DEGREE OF
BACHELOR OF EDUCATION ARTS**

EPSC 321: PRINCIPLES OF GUIDANCE AND COUNSELLING

STREAMS: BED (ARTS) Y3S1

TIME: 2 HOURS

DAY/DATE: MONDAY 05/08/2019

8.30 AM – 10.30 AM

INSTRUCTIONS:

- **Answer Question One and Two other Questions**
- **Do not write on the question paper**

QUESTION ONE (30 MARKS) – COMPULSORY

1. (a) Explain the following terms [10 marks]
 - (i) Informed consent
 - (ii) Confidentiality
 - (iii) Referral
 - (iv) Counseling
 - (v) Guidance
 - (b) Explain the following core conditions of counseling
 - (i) Congruence of genuineness. [2 marks]
 - (ii) Unconditional positive regard [2 marks]
 - (c) Differentiate between guidance and counselling. [6 marks]
 - (d) discuss five dimensions of guidance and counselling. [10 marks]
2. (a) Discuss five non-verbal counseling skills. [10 marks]

3. (b) Explain five functions of a teacher counselor. [10 marks]
- (a) Describe how you can conduct the following in secondary school
- (i) Individual counselling [5 marks]
- (ii) Group counseling [5 marks]
- (b) Explain five advantages of individual counselling in secondary schools. [10 marks]
4. (a) Discuss five principles of guidance and counselling. [10 marks]
- (b) Highlight the stages of psychosexual theory in relation to counseling. [10 marks]
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