

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF
DIPLOMA IN COUNSELLING PSYCHOLOGY**

CPSY 0111A: ORIGIN AND DEVELOPMENT OF COUNSELING PSYCHOLOGY

STREAMS: DIP

TIME: 2 HOURS

DAY/DATE: TUESDAY 03/12/2019

8.30 AM – 10.30 AM

INSTRUCTIONS:

Answer Question One (compulsory) and any other Two

Question One

- (a) Define the following terms
- | | |
|-------------------|-----------|
| (i) Counselling | [2 marks] |
| (ii) Psychology | [2 marks] |
| (iii) Guidance | [2 marks] |
| (iv) Ethics | [2 marks] |
| (v) Mental health | [2 marks] |
- (b) Identify 5 similarities between traditional and modern counseling. [10 marks]
- (c) Mention 5 events that have shaped development and growth of counseling psychology as a field in the United States. [10 marks]

Question Two

- (a) Outline 5 differences between earlier forms of counseling and modern ones. [10 marks]
- (b) Indicate 5 roles of a counselor in a counseling set up. [10 marks]

Question Three

- (a) Explain 5 goals of counseling [10 marks]
- (b) Indicate any 5 challenges that led to the growth of counseling in Kenya. [10 marks]

Question Four

- (a) Point out 5 steps in setting up guidance and counseling services in any institution or organization. [10 marks]
 - (b) Briefly describe the origin and growth of counseling as a field in Kenya. [10 marks]
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