

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF CERTIFICATE IN CRIMINOLOGY AND SECURITY STUDIES**

**CPSY 00111: INTRODUCTION TO PSYCHOLOGY**

**STREAMS: CERT. CPSY**

**TIME: 2 HOURS**

**DAY/DATE: MONDAY 16/12/2019**

**11.30 A.M. – 1.30 P.M.**

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**INSTRUCTIONS:**

- **Answer question ONE (compulsory) and any other TWO.**

**QUESTION ONE**

- (a) Identify any 5 specializations of psychology. (10 marks)
- (b) Indicate any 2 roles of a psychologist. (4 marks)
- (c) Briefly explain the contribution of these pioneers in the development of psychology as a field.
- (i) Sigmund Freud (3 marks)
- (ii) Carl Rogers (3 marks)
- (d) (i) Define personality (2 marks)
- (ii) List the 5 personality traits as portrayed in the big 5 personality approach. (5 marks)
- (e) Differentiate consciousness and altered states of consciousness. (3 marks)

**QUESTION TWO**

- (a) State 3 components of central nervous system (CNS). (3 marks)
- (b) Explain 3 functions of the Autonomic Nervous System. (6 marks)

- (c) Briefly describe 4 stages of sleep. (8 marks)
- (d) Explain the purpose of Neurons in the Nervous System. (3 marks)

**QUESTION THREE**

- (a) Differentiate sensation and perception. (4 marks)
- (b) Indicate 4 functions of emotions. (8 marks)
- (c) Point out 4 reasons why studying psychology is important. (8 marks)

**QUESTION FOUR**

- (a) Suggest 4 ways of improving motivation in students. (8 marks)
  - (b) Explain 3 practical ways of dealing with stress among university students. (6 marks)
  - (c) Mention 3 reasons why psychology is a science. (6 marks)
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