

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

CHUKA AND EMBU CAMPUSES

EXAMINATION FOR THE AWARD OF CERTIFICATE IN ECDE

ECDE 00247: INTRODUCTION TO GUIDANCE AND COUNSELLING

STREAMS: CERT. (ECDE) Y1S1, Y2S1

TIME: 2 HOURS

DAY/DATE: TUESDAY 11/12/2018

8.30 A.M. – 10.30 A.M.

INSTRUCTIONS:

- Answer question ONE (compulsory) and any other TWO questions.
- Do not write anything on the question paper.

QUESTION ONE (COMPULSORY)

1. (a) Explain the meaning of the following terms in guidance and counselling. (5 marks)
 - (i) Counselling process
 - (ii) Guidance
 - (iii) Counsellee
 - (iv) Counselling
 - (v) Counsellor
- (b) Explain four differences between guidance and counselling. (8 marks)
- (c) Describe six instances when confidentiality can be broken during the guidance and counselling process. (6 marks)
- (d) Highlight five goals of group counselling. (5 marks)
- (e) State and explain three principles/ethics of guidance and counselling. (6 marks)

QUESTION TWO

2. (a) Describe ten characteristics of an effective counsellor. (10 marks)

- (b) Discuss five types of guidance in learning institutions. (10 marks)
3. (a) Compare and contrast individual and group types of counselling. (10 marks)
- (b) Explain ten significance of guidance and counselling in ECDE. (10 marks)
4. (a) Discuss seven approaches and techniques of guidance and counselling. (14 marks)
- (b) Discuss any three counselling skills that a counsellor can employ in the counselling process. (6 marks)
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