

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DIPLOMA IN EARLY CHILDHOOD
DEVELOPMENT AND EDUCATION**

ECDE 0238: LIFE SKILLS EDUCATION

STREAMS: DIP. ECDE

TIME: 2 HOURS

DAY/DATE: FRIDAY 07/12/2018

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS: Answer question ONE and any other TWO QUESTIONS

1.
 - (a) Briefly explain life skills education as provided in the pre-school curriculum. [5 marks]
 - (b) State five categories of life skills and their significance in teacher education. [5 marks]
 - (c) Give five reasons as to why self-awareness is an important life skill. [5 marks]
 - (d) Highlight five principles of opening up and self-disclosure as referred to in self-awareness life skill. [5 marks]
 - (e) Identify five ways through which teacher can become more open and improve relations with others in a school set up. [5 marks]
 - (f) State five key aspects in developing self-esteem. [5 marks]
2.
 - (a) Discuss JOHARIS window of self-awareness and its application in promoting life skills education [10 marks]
 - (b) Describe the characteristics of a resilient child. [10 marks]
3.
 - (a) Discuss the chain of communication as an important life skill. [9 marks]
 - (b) Explain the most common communication barriers and give a remedy for each case. [11 marks]

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4. (a) Discuss the principle of active listening when dealing with children in a school set up. [10 marks]
- (b) Explain how a teacher can assist children to develop self-esteem. [10 marks]
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