

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR
OF PSYCHOLOGY

PSYC 422: COMMUNITY COUNSELLING

STREAMS: B (PSYC) Y4S1

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 5/12/2018

8.30 A.M - 10.30 A.M.

INSTRUCTIONS:

- Answer Question ONE (COMPULSORY) and any other THREE
- Do not write on the question paper

1. (a) Explain the following concepts as used in community development. [8 Marks]
 - (i) Community
 - (ii) Community counseling
 - (iii) Boundaries
 - (iv) Conflict interests
 - (b) Explain the following core values in community counseling; [8 Marks]
 - (i) Social justice
 - (ii) Respect for human diversity
 - (iii) Citizen participation
 - (iv) Collaboration and community strength
 - (c) Explain the importance of using a model in community counseling. [4 Marks]
 - (d) Highlight five consequences of teaching life skill. [5 Marks]
2. (a) Giving examples, describe the role of a community counselor as an agent of social change. [10 Marks]
 - (b) Explain some issues to be considered when designing and evaluating a prevention education program with school age-youth. [5 Marks]

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3. (a) Discuss the following guidelines to ethical practices in counseling; [10 Marks]
 (i) Consent
 (ii) Disclosure
 (iii) Confidentiality
 (iv) Competence
 (v) Boundaries
- (b) Explain the concept in the “sense of community” as used in community counseling. [5 Marks]
4. (a) Describe the following preventive education programs as applied in community counseling. [6 Marks]
 (i) Primary prevention
 (ii) Secondary prevention
 (iii) Tertiary prevention
- (b) Discuss various ways in which one can challenge a suicidal person. [9 Marks]
5. (a) Describe the following models of community counseling. [10 Marks]
 (i) Mental health model
 (ii) Social change model
 (iii) Outreach to vulnerable population
 (iv) 7C’s of leadership model
 (v) Comprehensive guidance program model
- (b) Highlight five benefits of self-help group meetings. [5 Marks]
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