

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR  
OF PSYCHOLOGY

PSYC 221: COMMUNITY PSYCHOLOGY

STREAMS: B (PSYC) Y2S1

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 5/12/2018

2.30 P.M - 4.30 P.M.

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INSTRUCTIONS:

- Answer Question ONE (COMPULSORY) and any other TWO
- Do not write on the question paper

1. (a) Distinguish between the concepts below:
  - (i) Community psychology and clinical psychology [4 Marks]
  - (ii) Adaptation and coping [4 Marks]

(b) Examine the role of self-help groups in managing psychopathology. [12 Marks]

(c) With reference to any two countries, briefly describe the international trends in the practice of community psychology. [10 Marks]
2. (a) Explain any two goals of community psychology. [4 Marks]

(b) Evaluate any four strategies applied by community psychology to minimize psychopathology in the community. [16 Marks]

3. (a) What are the assumptions of the social stress process model. [5 Marks]

(b) Explain Dohrenwend's step two of the social stress process model and demonstrate its relevance to minimizing psychopathology in the community. [15 Marks]

4. (a) Describe the two key features of the ecological approach to social systems. [4 Marks]

(b) Briefly explain the four structural components of the ecological perspective. [8 Marks]

(c) Examine the four process components of the ecological perspective. [8 Marks]

**PSYC 221**

5. (a) With relevant examples, critically evaluate any two ethical considerations in community Psychology. [10 Marks]

(b) Discuss the importance of supportive transactions in helping individuals to cope with stressors. [10 Marks]

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