

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

FIRST YEAR EXAMINATION FOR THE AWARD OF DEGREE
OF BACHELOR OF PSYCHOLOGY

PSYC 121: INTRODUCTION TO PSYCHOLOGY

STREAMS: B.PSYC (Y1S1)

TIME: 2 HOURS

DAY/DATE: FRIDAY 07/12/2018

11.30 A.M. – 1.30 P.M.

INSTRUCTIONS: Question ONE is compulsory. Answer any other THREE questions

- Q1. (a) Explain the meaning of the following concepts
- (i) Behaviour [2 marks]
 - (ii) Mental processes [2 marks]
- (b) “Psychology is a science”. Justify this statement [3 marks]
- (c) Describe the goals of psychology [8 marks]
- (d) Using a model, describe the three types of memory [9 marks]
- Q2. (a) Identify and explain five branches of psychology [10 marks]
- (b) State five schools of psychology [5 marks]
- Q3. (a) Explain the terms:
- (i) Consciousness
 - (ii) REM sleep
 - (iii) Psychoactive drugs [6 marks]
- (b) Describe the levels of consciousness as noted by Sigmund Freud [9 marks]
- Q4. (a) Elaborate on the functions of human emotions [10 marks]
- (b) Describe ways that you can use to enhance positive emotions among individuals [5 marks]

PSYC 121

- Q5. Describe briefly the theory of forgetting identified in each of the examples given below:
- (a) You recently got a friend whose name is John, but today you sent a letter to your old friend Jusuf calling him John.
 - (b) A student was physically abused by a close relative and claims that he/she cannot remember the incident
 - (c) Peninah had a friend 5 years ago whose name was David. Today during lunch hour she met Dancan and called him David.
 - (d) Bob is now 95 years old and a retired math teacher. He cannot calculate some of the mathematical equations which he taught in secondary school.
 - (e) You tried to remember the title of the psychology book you read in the library, you are convinced that you know it, but you are unable to recall it. [15 marks]
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