

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DIPLOMA IN CRIMINOLOGY AND  
SECURITY STUDIES**

**CRSS 0221: REHABILITATION OF ADDICTIONS AND SUBSTANCE ABUSE**

**STREAMS:**

**TIME: 2 HOURS**

**DAY/DATE: WEDNESDAY 19/04/2023**

**11.30 A.M – 1.30 P.M**

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**INSTRUCTIONS:**

**Answer question one and any other two questions**

**Do not write on the question paper**

**QUESTION ONE (COMPULSORY)**

- (a) Define the following terms; [6 marks]
- (i) Rehabilitation
  - (ii) Substance abuse
  - (iii) Addiction
- (b) You have been called upon as a rehabilitation officer to assist in the rehabilitation process of an addict and substance abuser. Examine various measures that you will take to ensure effective rehabilitation. [12 marks]
- (c) Discuss some of the barriers that hinder treatment and prevention of addictions and substance abuse in rural and urban areas. [12 marks]

**QUESTION TWO**

- (a) Evaluate the effects of addictions and substance abuse to an individual, family and the community. [10 marks]

(b) Family plays a vital role in the recovery process of addictions and substance abuse.

Justify this statement pointing out their participation in helping their loved one cope with the addiction relapse. [10 marks]

### **QUESTION THREE**

(a) Discuss six stages of recovery process in addicts and substance abusers. [12 marks]

(b) Evaluate measures that the government of Kenya have put in place to address the problem of addictions and substance abuse. [8 marks]

### **QUESTION FOUR**

(a) Discuss some of the warning signs of addictions. [8 marks]

(b) There exist several theories explaining why adolescents and adults abuse drugs and later become addicts. Discuss. [12 marks]

### **QUESTION FIVE**

(a) Outline various types of most commonly abused drugs in Kenya, evaluating some of the effects of addiction to the economy of Kenya. [6 marks]

(b) Outline preventive and treatment measures that can be practiced in the rehabilitation of addicts and substance abusers. [14 marks]

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