

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF  
SCIENCE IN NURSING**

**NURS 351: SEXUAL AND REPRODUCTIVE HEALTH**

**STREAMS: Y3S1**

**TIME: 2 HOURS**

**DAY/DATE: TUESDAY 04/12/2018**

**8.30 A.M. – 10.30 A.M.**

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**INSTRUCTIONS:**

- **All questions are compulsory.**

- Classify the following sexually transmitted organisms as either bacterial, viral, protozoal or fungal agents. (2 marks)
    - Candidia albicans
    - Trichomonas vaginalis
    - Herpes simplex
    - Haemophilus ducreyi
  - Explain the four diseases caused by the above mentioned microorganisms in terms of signs and symptoms and treatment. (8 marks)
  - Giving three (3) examples of each, distinguish between sexually transmitted diseases and sexually transmitted infections. (3 marks)
- Some sexually transmitted diseases are asymptomatic and in many cases go un diagnosed and lead to complications. State any five (5) complications that may occur as a result of this. (5 marks)
- Explain four (4) challenges that may lead to poor uptake of dual protection methods of family planning. (8 marks)
  - Giving an example, explain dual protection method of family planning. (2 marks)
- List ten (10) risk factors associated with sexual and reproductive health. (5 marks)

- (ii) Explain possible interventions to any three of the risk factors identified above. (6 marks)
5. State six (6) reproductive health rights of adolescents and young people. (6 marks)
6. Outline five (5) reasons why adolescents are especially vulnerable to reproductive health risks. (5 marks)
7. Abebe is a 17-year-old boy living with his family and siblings. Recently he has become concerned by the erratic change in his voice which has embarrassed him when he is talking to people. He has also noticed that he is developing feelings of love and affection for one of the girls in his neighbourhood. His family is worried by the fact that he prefers to spend most of his time with his friends, occasionally coming back late at night without asking permission.
- (a) State Abebe's age group (1 mark)
- (b) Read the description of Abebe again and identify one physical change associated with adolescence and one psychological change. (2 marks)
- (c) Explain whether Abebe is at risk of engaging in risky behaviour. (3 marks)
- (d) Describe kinds of information and/or counselling that might be most helpful to Abebe to protect his sexual and reproductive health. (15 marks)
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