

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATION
RESIT/SPECIAL EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
(SCIENCE, ARTS)

EDCI 201/212: HEALTH AND PHYSICAL EDUCATION

STREAMS:

TIME: 2 HOURS

DAY/DATE: FRIDAY 07/05/2021

2.30 P.M – 4.30 P.M

INSTRUCTIONS:

- Answer **ANY FIVE** questions in this paper
- Do not write on the question paper

1. a) Describe the dimensions of human health (10marks)
b) Describe some examples of non- specific immunity /Innate Immunity (10marks)
2. Describe how the following factors influencing the environment and affect human health (10marks)
i. Agriculture
ii. Industrialization
b) Classify human diseases based on casual agents giving an example of each (10marks)
3. a) Using relevant examples, describe five main ways of disease transmission (10marks)
b) Describe any five factors involved in the transmission of communicable diseases (10marks)
4. a) Explain the factors that encourage people to abuse drugs (10marks)
b) Describe five indicators of correct use of medicines (10marks)

5. Discuss how interrupting the route of transmission can be used to control communicable diseases. (20marks)
6. a) Explain the five components of sports related fitness (10marks)
- b) Discuss the major causes of high population growth rates (10marks)
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