

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE OF
BACHELOR OF EDUCATION (ARTS & SCIENCE)**

EDCI 201: HEALTH AND PHYSICAL EDUCATION

STREAMS: BED (ARTS & SCIENCE)

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 31/3/2021

8.30 AM – 10.30 AM

INSTRUCTIONS:

- Answer ALL Questions in Section A and any other two.
- Do not write anything on the question paper

1. (a) Describe the dimensions of human health. [10 Marks]
(b) Explain how specific immunity is acquired. [10 Marks]
(c) Briefly discuss any five benefits derived from participation in physical activities. [10 Marks]
2. (a) List the characteristics of communicable diseases. [4 Marks]
(b) Describe giving an example in each case the main ways human diseases are classified based on mode of transmission. [16 Marks]
3. (a) State the five main uses of medicine. [5 Marks]
(b) Explain the factors that encourage people to abuse drugs. [10 Marks]
(c) List 5 main classes of drugs. [5 Marks]
4. (a) Briefly discuss the components of sport related fitness. [10 Marks]
(b) Describe the procedure for exercise performance. [10 Marks]