

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE  
OF BACHELOR OF SCIENCE IN NURSING**

**NURU 131: PSYCHOLOGY**

**STREAMS: BSC (NURU) UPGRADING(Y1T2)**

**TIME: 2 HOURS**

**DAY/DATE: FRIDAY 07/12/2018**

**2.30 P.M. – 4.30 P.M.**

**INSTRUCTIONS:**

- Do not write anything on the question paper
- Mobile phones and any other reference materials are NOT allowed in the examination room
- The paper has three sections. Answer ALL questions
- Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet

**MULTIPLE CHOICE QUESTIONS**

1. A psychologist who is “eclectic” can best be described as
  - (a) Rejecting determinism in favor of free will
  - (b) Cognitive rather than behavioral
  - (c) Drawing from many psychological approaches
  - (d) Preferring pseudo-psychological approaches
  
2. The concept of traits is used to account for personal characteristics that are
  - (a) Biologically determined
  - (b) Relatively permanent and enduring
  - (c) Situation specific
  - (d) Shared by a group

3. You are walking into a store when a man rudely cuts in front of you, almost shoving you, so that he may enter the store first. “What a jerk!” you think to yourself. As you enter the store, you see the same man performing an emergency tracheotomy on a woman with a collapsed windpipe. You have just
- (a) Discounted a person’s actions due to situation demands
  - (b) Self-handicapped
  - (c) Overemphasized the object in this action sequence
  - (d) Made the fundamental attribution error
4. In the \_\_\_\_\_ level of moral development, moral choices are determined by the direct consequences of actions
- (a) Preconventional
  - (b) Conventional
  - (c) Concrete
  - (d) Postconventional
5. The five factor model of personality includes
- (a) Social interactionism
  - (b) Neuroticism
  - (c) Agreeableness
  - (d) Sense of humor

### **SHORT ANSWER QUESTIONS (35 MARKS)**

1. Differentiate between
- (a) Punishment and negative reinforcement giving relevant examples [4 marks]
  - (b) Group polarization and social loafing [3 marks]
2. Psychology has been argued to be a science and not an art. State four (4) points that supports this argument [4 marks]
3. Explain 3 defense mechanisms used by human beings to overcome anxiety. [4 marks]
4. Describe personality structure according to Freud [4½ marks]
5. (a) Explain three (3) sources of stress in nursing profession [3 marks]
- (b) For each source mentioned above outline how a nurse can overcome them [3 marks]

6. With the aid of a diagram explain how Abraham Maslow's hierarchy of needs is used in humanistic motivation theories [5 marks]

**LONG ANSWER QUESTIONS (30 MARKS)**

1. The process of growth and development is continuous. Different psychological perspectives are used to explain the same
- (a) State three (3) principles of developmental process [3 marks]
  - (b) Explain developmental stages according to Eric Erickson psychosocial development theory [12 marks]
2. Learning is relatively permanent change in behaviour due to experience. Several theories have been advanced to explain human learning. Using any TWO learning theories explain how human learn. [15 marks]
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