

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
EDUCATION IN EARLY CHILDHOOD EDUCATION AND DEVELOPMENT**

ECDE 341: MATERNAL AND CHILD HEALTH CARE

STREAMS: BED (ECDE) Y3S1

TIME: 2 HOURS

DAY/DATE: TUESDAY 23/03/2021

11.30 A.M – 1.30 P.M

INSTRUCTIONS:

Answer question one and any other two questions

1. Make brief notes to show your understanding of the following terms and concepts:

- (i) Malnutrition
- (ii) Weaning
- (iii) Roughage
- (iv) Fortification of food
- (v) Family planning

[10 marks]

(b) Describe the listed conditions /processes in mother care

- (i) A lactating mother
- (ii) Engorged breasts
- (iii) Sore nipples
- (iv) Morning sickness

[10 marks]

(c) Identify and discuss factors that influence the growth and development of an ECDE child. [10 marks]

2. In Kenya, one strategy of improving health and nutrition among the young children, has been the introduction of school feeding programmes. Explain five (5) benefits of these programmes. [10 marks]

- (b) Briefly analyze the concept and origin of primary health care (PHC) as described in the unit. [10 marks]
3. (a) As an ECDE teacher, how would you handle and counsel an HIV infected child at an ECDE centre. [10 marks]
- (b) Discuss indicators which clearly reveal the impact of HIV/AIDS in ECDE centres. [10 marks]
4. (a) Describe various strategies of promoting community health that the Kenyan government can put in place to help achieve the goal of health for all. [16 marks]
- (b) Explain why some children in your ECDE class have the following health conditions.
- (i) Obesity
 - (ii) Kwashiorkor
 - (iii) Rickets
 - (iv) Marasmus [4 marks]
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