

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

IGEMBE CAMPUS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
(ECDE)**

ECDE 341: MATERNAL AND CHILD HEALTH CARE

**STREAMS: B.ED (ECDE) (PART TIME)
HOURS**

TIME: 2

DAY/DATE: TUESDAY 05/10/2021

2.30 P.M – 4.30 P.M.

INSTRUCTIONS:

- **Answer question ONE and other TWO questions.**
- **Do not write anything on the question paper.**

1. (a) Explain the following concepts as used in maternal and child health care.
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| (i) Health promotion | (1 mark) |
| (ii) Maternal health | (1 mark) |
| (iii) Primary healthcare | (1 mark) |
- (b) Drinking plenty of water regularly is vital in our bodies. State at least three functions of water in the human body. (3 marks)
- (c) Explain at least five basic methods of cooking food. (5 marks)
- (d) Highlight at least five major problems of sanitation in Kenya today. (5 marks)
- (e) Immunization is an essential health service in the world and especially in Kenya after birth. Highlight four reasons why mothers should ensure that their children undertake immunization schedule to the letter. (4 marks)

- (f) Explain at least five post-natal care services undertaken during this important process. (5 marks)
- (g) Basically vitamins are very essential aspects for growth and development to be effective. State and explain at least five functions of vitamins to an ECD child. (5 marks)
- Q2. (a) Every mother's dream is to become pregnant and bear a child. Therefore, certain precautions must be undertaken to achieve this dream. Explain some of the factors that may affect the unborn baby. (10 marks)
- (b) Discuss major reasons that may hinder mothers from breastfeeding their babies. (10 marks)
- Q3. (a) Discuss in details environment health and hygiene practices as stipulated in maternal and child care education. (10 marks)
- (b) Briefly explain the nutritional value requirements for children aged between birth and 6 years. (10 marks)
- Q4. (a) Basing your argument on causes of diseases in ECD, there are three major disease causing microorganisms. State and explain them. (10 marks)
- (b) As an ECDE expert, you have been invited to a workshop to discuss on traditional birth attendance to young trainee-leaders. Explain at least five advantages and five disadvantages of traditional of birth attendance. (10 marks)
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