

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
IN EARLY CHILDHOOD DEVELOPMENT AND EDUCATION**

**ECDE 312: ORGANIZATION AND MANAGEMENT OF CHILDREN FEEDING
PROGRAMME**

STREAMS: B. ECDE

TIME: 2 HOURS

DAY/DATE: MONDAY 05/07/2021

8.30 A.M. – 10.30 A.M.

INSTRUCTIONS:

- **Answer question ONE and any other TWO questions.**

- (a) Identify and briefly describe four types of feeding programmes for children. (8 marks)
 - (b) Good health requires that balanced diet principles be observed. State five tips to eating a balanced diet for preschoolers at home. (5 marks)
 - (c) Record keeping in school feeding program is vital. Highlight six purpose of food record keeping to a centre manager. (6 marks)
 - (d) State six features of a good programme plan as applied in the management of school feeding programmes. (6 marks)
 - (e) State five most important reasons as to why breast milk is the best for children for the first six months of life. (5 marks)
- (a) Citing relevant examples, describe steps observed in successful programme planning as applied in the school feeding program system. (14 marks)

- (b) State and briefly explain five reasons as to why proper nutrition to children is important. (6 marks)
3. (a) Discuss the relationship between feeding program and a child's learning process. (10 marks)
- (b) Discuss the challenges of costing and budgeting. (5 marks)
- (c) Discuss five factors influencing child health. (5 marks)
4. (a) Discuss food insecurity in Kenya and suggest remedies to curb the challenge. (10 marks)
- (b) Examine the goals of school feeding programme. (10 marks)
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