CHUKA   **UNIVERSITY**

UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF DEGREE
OF BACHELOR OF EDUCATION IN EARLY CHILDHOOD EDUCATION**

ECDE 241: HEALTH AND NUTRITIONAL EDUCATION FOR ECDE
STREAMS: BED (ECDE) Y2S1   **TIME: 2 HOURS**

DAY/DATE: THURSDAY 25/03/2021   **8.30 A.M. – 10.30 A.M.**
INSTRUCTIONS:
   • Answer question one and any other two questions
   • Do not write anything on the question paper

QUESTION ONE
   (a) Briefly explain the following terms and concepts as used in this unit
   i.   Health
   ii.   Nutrition
   iii.   Growth monitoring process
   iv.   Non immunizable diseases
   v.   Food security   (10 marks)
   (b) Outline **seven** reasons as to why immunization is important   (7 marks)
   (c) Discuss **seven** qualities of a good first aider   (7 marks)
   (d) Malaria is a common disease in Kenya and it is dangerous to small children below five
       years, thus hindering their school attendance. Describe six malaria symptoms   (6 marks)

QUESTION TWO

Your headteacher invites you to a parent's day meeting and decides to give you a chance to talk to parents about food that children need in order to grow strong and health. What advice would you give to such a gathering on nutritional needs of children in the following age brackets

   i.   Birth to 6 months
  ii.   7 months to one year
 iii.   13 months to 24 months
 iv.   2 years to 4 years
  v.   4 years to 8 years   (20 marks)

QUESTION THREE

  (a) Describe how the following accidents commonly experienced by children at Sinai ECDE centre, can be handled/prevented.
   i.   Nose bleeding
  ii.   Snake bites
 iii.   Fainting
 iv.   Bites and stings   (10 marks)
  (b) Outline various ways of advocating for improved health and nutrition for children
                                 (10 marks)

QUESTION FOUR

  (a) Imagine you have been asked to interview and recruit a house-help for a certain household. What would you look out for in such a person? Discuss **ten** qualities with examples in each case   (15 marks)

  (b) Explain how you would handle and counsel an HIV infected child in your class (5 marks)

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