

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF MASTER OF SCIENCE IN NURSING

NUOP 842: PRINCIPLES AND PHILOSOPHY OF PALLIATIVE CARE

STREAMS: MSC (NURSING)

TIME: 3 HOURS

DAY/DATE: THURSDAY 01/04/2021

8.30 A.M. – 11.30 A.M.

INSTRUCTIONS:

- Do not write anything on the question paper.
- Mobile phones and any other reference materials are NOT allowed in the examination room.
- ALL questions are compulsory.

QUESTIONS

1. Jordan is taking continuous-release morphine every 12 hours for pain control, and has a short-acting prn opioid for break through pain. She is experiencing end-of-dose failure at 9-10 hours. What would be the most appropriate pain assessment techniques for Jordan's?
 - a) Define pain. (2 marks)
 - b) Describe the impact of pain on Jordan. (10 marks)
 - c) Explain four (4) Steps in assessment of pain. (8 marks)
 - d) Describe ECOG Performance status. (10 marks)
2. Mary a 73-year-old patient has been admitted in intensive care unit (ICU) for one year. She has a 50-year history of smoking and a diagnosis of emphysema. She is very thin with a barrel chest, has intermittent dyspnea both at rest and on exertion, and supraclavicular retractions on exertion. Recent communication with the relatives, the mother has declined extubation while the husband supports extubation.

- a) Define the term euthanasia (2 marks)
 - b) Describe the principle of 'double effect' (13 marks)
 - c) State five (5) Philosophical perspective of euthanasia. (5 marks)
3. Discuss contributions of one theoretical model to the development and provision of palliative care nursing (20 marks)
4. You have recently started caring for a new patient who is a member of your church, and the patient permitted news of her hospice admission to be added to the weekly church announcements. At Bible study, a mutual friend asks how she is doing.
- a) Describe the principles to help Care Providers Communicate Effectively with palliative care patients and their family. (8 marks)
 - b) Explain barriers to effective communication in palliative care. (12 marks)
 - c) Explain Possible Consequences of ineffective Communication in palliative care. (10 marks)
-