

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS**

**MASTER OF SCIENCE (NURSING)**

**NUMW 844: ADVANCED MIDWIFERY III: POSTPARTUM NURSING AND PRACTICUM**

**STREAMS: MScN (Y2T2)**

**TIME:3 HOURS**

**DAY/DATE:.....**

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**INSTRUCTIONS TO CANDIDATES**

- Do not write anything on the question paper.
- Mobile phones and any other reference materials are **NOT** allowed in the examination room.
- The paper has four questions. **ALL** the Questions are compulsory.
- Number **ALL** your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.

**QUESTION ONE**

Postpartum period is depicted as a joyful time for mothers, but in some cases it can be a time of calamity. Postpartum Depression (PPD) in women after childbirth is a common occurrence. Discuss PPD under the following:

- i. Predisposing factors

5 marks

- ii. Nursing management 12 marks
- iii. Medical management 3 marks

### **QUESTION TWO**

Discuss the signs that you should assess during each postnatal care contact, and the newborn should be referred for further evaluation if any of the signs is present.

20 marks

### **QUESTION THREE**

Discuss the benefits of Exclusive breastfeeding over the mixed feeding for the first six months of life for the infant and to the mother. 20 marks

### **QUESTION FOUR**

All postpartum women should have regular assessment during the first 24 hours starting from the first hour after birth. Describe the first postnatal assessment of a mother.

20 marks