

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR MASTER OF SCIENCE IN NURSING**

**NUMW 844: ADVANCED MIDWIFERY III: POSTPARTUM NURSING AND PRACTICUM**

**STREAMS: MSc Nursing (Y2 T2)**

**TIME: 3 HOURS**

**DAY/DATE: TUESDAY 13 /07/ 2021**

**8.30 AM – 11.30 AM**

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**INSTRUCTIONS:**

- Do not write anything on the question paper.
- Mobile phones and any other reference materials are **NOT** allowed in the examination room.
- The paper has four questions. **ALL** the Questions are compulsory.
- Number **ALL** your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.

**QUESTION ONE**

Postpartum period is depicted as a joyful time for mothers, but in some cases it can be a time of calamity. Postpartum Depression (PPD) in women after childbirth is a common occurrence.

Discuss PPD under the following:

- |                         |             |
|-------------------------|-------------|
| i. Predisposing factors | [5 marks]   |
| ii. Nursing management  | [ 12 marks] |
| iii. Medical management | [ 3 marks]  |

**QUESTION TWO**

Discuss the signs that you should assess during each postnatal care contact, with the newborn and should be referred for further evaluation if any of the signs is present. [20 marks]

**QUESTION THREE**

Discuss the benefits of Exclusive breastfeeding over the mixed feeding for the first six months of life for the infant and to the mother. [20 marks]

**QUESTION FOUR**

All postpartum women should have regular assessment during the first 24 hours starting from the first hour after birth. Describe the first postnatal assessment of a mother. [20 marks]

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