

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF ARTS

CRSS 320: GROUP THERAPY FOR OFFENDERS

STREAMS:

TIME: 2 HOURS

DAY/DATE: THURSDAY 06/12/2018

11.30 A.M – 1.30 P.M

INSTRUCTIONS

- Answer all question in section A. Choose any two from section B

SECTION A

1. (i) Distinguish between a therapy group and a support group. [10 marks]
(ii) Describe some of the strategies that can effectively be employed in group therapy when dealing with offenders. [10 marks]
(iii) Explain therapeutic factors of group therapy. [10 marks]

SECTION B

2. As a personal initiative you have visited kamiti maximum prison to set structures for group therapy for the inmates. Discuss how you will get the officer in charge to buy into the idea of group therapy. [20 marks]
 3. (i) Explain challenges faced by therapists in the process of group therapy. [10 marks]
(ii) Explain five ethical considerations when conducting group therapy. [10 marks]
 4. (i) Explain some common causes of conflict and dominance in the group therapy structure. [10 marks]
(ii) Explain the goals of group therapy. [10 marks]
 5. (i) Using relevant illustration explain the following concepts:
(a) Therapy strategies should be simplistic and easy to understand. [5 marks]
(b) Therapist should use group challenges to their advantages. [5 marks]
(ii) Discuss the role of the therapist in group therapy. [10 marks]
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