

CHUKA

UNIVERSITY



UNIVERSITY EXAMINATIONS

EXAMINATION FOR THE AWARD OF DIPLOMA IN SOCIAL WORK

SOWK 0215: MENTAL HEALTH AND SOCIAL WORK

STREAMS: DIP. SOWK

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 14/07/2021

8.30 A.M. – 10.30 A.M.

INSTRUCTIONS:

- **Answer question one and any other two questions.**

QUESTION ONE

- (a) Discuss five major causes of mental health problems in Kenya today. (10 marks)
- (b) Explain five reasons for keeping our communities healthy. (10 marks)
- (c) State and explain five early signs of mental health problem. (10 marks)

QUESTION TWO

Discuss ten skills social workers should use to address mental health issues in society. (20 marks)

QUESTION THREE

- (a) Analyze five psychosocial issues that influence mental health problems. (10 marks)
- (b) Explain five ways in which the above issues can be addressed by the police management to avoid murder cases among themselves. (10 marks)

QUESTION FOUR

- (a) Giving examples, discuss the following
 - (i) Social model (5 marks)
 - (ii) Medical model (5 marks)
- (b) Explain five ways in which one can maintain a positive mental health. (10 marks)

QUESTION FIVE

Discuss seven reasons why many people have developed mental problems during the lockdown due to COVID-19 pandemic. (20 marks)

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