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**EXAMINATION FOR THE AWARD OF
DIPLOMA IN SOCIAL WORK**

SOWK 0215: MENTAL HEALTH AND SOCIAL WORK

STREAMS: Y2S1

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 24/3/2021

8.30 AM – 10.30 AM

INSTRUCTIONS:

- Answer Question ONE and any other Two.

Q.1(a) Analyze the four major causes of mental health problems in the society. [8 Marks]

b) Explain three reasons why we should keep our community healthy. [6 Marks]

c) Define the following terms as used in mental health and social work. [6 Marks]

i) Mental health, ii) Mental disorder, iii) Mental illness

d) Identify and explain five major characteristics of people with mental illness. [10 Marks]

Q2. With relevant examples, discuss six psychosocial issues that influence mental health problems. [20 Marks]

Q3. Discuss eight techniques a social worker should use in dealing with a mentally ill clients in the community. [20 Marks]

Q.4. Write short notes on the following.

a) Community development [3 Marks]

b) Community capacity building [3 Marks]

c) Social model [3 Marks]

b) Many changes have occurred in the world since march 2020 due to corona virus. Explain how this changes have affected the mental wellness of people in the country. [11 Marks]

Q.5. Outline how community development influence mental health in the society. [20 Marks]

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