

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF DEGREE
OF BACHELOR OF SCIENCE IN NURSING**

NURS 191: FUNDAMENTALS OF NURSING PRACTICE I

STREAMS: BSC (NURS) (Y1S1)

TIME: 3 HOURS

DAY/DATE: FRIDAY 07/12/2018

11.30 A.M. – 2.30 P.M.

INSTRUCTIONS:

- Do not write anything on the question paper
- Mobile phones and any other reference materials are **NOT** allowed in the examination room
- The paper has three sections. Answer **ALL** questions
- Number **ALL** your answers and indicate the order of appearance in the space provided in the space provided in the cover page of the examination answer booklet
- Write your answer legibly and use your time wisely

MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. Which one of the following is not a vital sign?
 - (a) Respiratory rate
 - (b) Blood pressure
 - (c) Weight
 - (d) Pulse rate
2. A professional nurse with a commitment to upholding the principle of autonomy is most apt to do the following;
 - (a) Provide honest information to patients and the public
 - (b) Promote universal access to healthcare
 - (c) Plan care in partnership with patients
 - (d) Document care accurately and honestly

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3. When reviewing information about the growth of healthcare services, which area would the nurse expect to find as the most rapidly growing area?
- (a) Hospitals
 - (b) Home care
 - (c) Nursing homes
 - (d) Parish nursing

For questions 4-8: match the following ethical principles with their appropriate explanations

- 4. Veracity
 - 5. Fidelity
 - 6. Beneficent
 - 7. Non-Maleficence
 - 8. Justice
- (a) Duty to do good to others and to maintain a balance between benefits and harm
 - (b) Obligation to tell the truth
 - (c) Equity distribution of potential benefits and risks
 - (d) Duty to do what one has promised
 - (e) Obligation to do or cause no harm to others
9. Insertion of urinary catheter is facilitated by requesting the patient to;
- (a) Beer down
 - (b) Breathe deeply
 - (c) Turn to the side
 - (d) Hold the labia or shaft of penis
10. The nurse who plans and allocates activities of the rest in case where they allocated to care for a group of patients in a ward is the;
- (a) Primary nurse
 - (b) Clinical specialist
 - (c) Team leader
 - (d) Ward in charge

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11. What type of authority regulates nursing?
 - (a) International standards and codes
 - (b) Nurse professional associations
 - (c) State nursing practice acts
 - (d) Organizational policies and protocols

12. According to Leininger's theoretical model nurses are supposed to provide care that is culturally congruent. A nurse is interviewing a newly admitted patient. Which question would be considered culturally sensitive?
 - (a) What types of food do you eat for meals?
 - (b) Do you think you will be able to eat the food we have here?
 - (c) Do you understand that we cannot prepare special meals?
 - (d) Why cannot you just eat our food while you are here?

13. Of the following statements, which is most true of health and illness
 - (a) Health and illness are the same for all people
 - (b) Health and illness are individually define by each person
 - (c) People with acute illness are actually healthy
 - (d) People with chronic illnesses have poor health beliefs

14. When providing health promotion classes, a nurse uses concepts from models of health. What do both the health-illness continuum and the high-level wellness models demonstrate?
 - (a) Illness as a fixed point in time
 - (b) The importance of family
 - (c) Wellness as a passive state
 - (d) Health as a constantly changing state

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15. You tell your instructor that your patient is fine and has – no complaints. You are likely to hear;
- (a) You made an inference that she is fine because she has no complaints. How did you validate this?
 - (b) She probably just doesn't trust you enough to share what she is feeling. I'd work on developing a trusting relationship
 - (c) Sometimes everyone gets lucky. Why don't you try to help another patient?
 - (d) Maybe you should reassess the patient. He has to have a problem – why else would he be here?
16. A nurse working in the medical ward learns that a patient is having terminal illness but the spouse warns that he should not be told. In this case the nurse is facing;
- (a) An breach of duty
 - (b) Corruption issues
 - (c) An ethical dilemma
 - (d) An ethical dilemma
17. A professional nurse with a commitment to upholding the principle of autonomy is most apt to do the following:
- (a) Provide honest information to patients and the public
 - (b) Promote universal access to healthcare
 - (c) Document care accurately and honestly
 - (d) Plan care in partnership with patients
18. The method of sterilization depends on the following except:
- (a) The type of contamination
 - (b) Available sterilizing agents
 - (c) Amount of contamination
 - (d) Object to be sterilized
19. Choose the most accurate answer regarding fowlers position
- (a) Patient is on his back with legs extended
 - (b) Promotes drainage from mouth
 - (c) The head and the trunk of the patient are raised 15° in semi fowlers position
 - (d) Both legs flexed in front of client with upper leg pronounced

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20. Of the following statements, which statement is most true of test tubes used to collect blood specimens
- (a) Black – potassium oxalate
 - (b) Red – potassium oxalate
 - (c) Green – sodium oxalate
 - (d) Light blue – sodium citrate

SHORT ANSWER QUESTIONS (40 MARKS)

- 1. State eight (8) rights to be observed in drug administration [8 marks]
- 2. Explain five (5) components of a nursing care plan [5 marks]
- 3. State seven (7) methods of infection prevention in our hospitals [7 marks]
- 4. State six (6) methods of practicing proper body mechanics [6 marks]
- 5. State eight (8) benefits of nursing process [8 marks]
- 6. (a) State two (2) criminal statutes in Kenya [2 marks]
(b) State three (3) civil statutes in Kenya [3 marks]

LONG ANSWER QUESTION (40 MARKS)

- 1. (a) State six (6) characteristics of a profession [6 marks]
(b) Describe four (4) barriers of professionalism in nursing [8 marks]
(c) State six (6) functions of the nursing council of Kenya (NCK) [6 marks]
 - 2. (a) State six (6) benefits of theories of the Nursing practice [6 marks]
(b) State fourteen (14) human needs according to Virginia Henderson [14 marks]
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