

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF  
PSYCHOLOGY**

**PSYC 475: SUPERVISION IN COUNSELLING**

**STREAMS: B. PSYC (Y4S2)**

**TIME: 2 HOURS**

**DAY/DATE: THURSDAY 23/09/2021**

**8.30 A.M – 10.30 A.M.**

---

**INSTRUCTIONS:**

- **Answer question 1 and any other 2 questions.**
- **Do not write on the question paper.**

1. (a) Explain the term 'supervision' giving two reasons why it is necessary in the field of counselling. (2 marks)
- (b) Explain how confidentiality is guarded in supervision. (2 marks)
- (c) Discuss five principles of supervision. (10 marks)
- (d) Discuss three main areas of supervision in counselling. (6 marks)
- (e) Describe the role play technique in counselling. (10 marks)
2. (a) Discuss five Ps case formulation model in supervision. (10 marks)
- (b) Discuss the qualities of good supervision. (10 marks)
3. (a) Discuss the purpose of a case formulation in supervision. (10 marks)
- (b) There are different types of supervision in counselling. Discuss. (10 marks)
4. (a) Discuss the preference of clinical activities technique in counselling. (10 marks)
- (b) Discuss any two of the following models in supervision. (10 marks)

(i) Development model

(ii) Integrated model

(iii) Orientation model

---