# **CHUKA**



### **UNIVERSITY**

### **UNIVERSITY EXAMINATIONS**

# FOURTH YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF PSYCHOLOGY

PSYC 460: INTRODUCTION TO CLINICAL PSYCHOLOGY

STREAMS: B. PSYC TIME: 2 HOURS

DAY/DATE: FRIDAY 26/03/2021 8.30 A.M. – 10.30 A.M.

#### INSTRUCTIONS:

- Answer question ONE and any other TWO
- Do not write on the question paper
- 1. (a) How does the American Psychological Association (APA) define clinical psychology? [2 marks]
  - (b) Distinguish between clinical assessment, diagnosis and clinical intervention [6 marks]
  - (c) Use the case scenario on Jambes to answer questions c (i) and c (ii) that follow: Jambes is a 28 year old male in his second year of study in M.A clinical psychology. During his personal therapy sessions with you he expresses

frustration in his extended family for not supporting his young wife and son that he left at home.

(i) Describe how you would integrate the abcdef model in your work with the client.

[12 marks]

- (ii) Discuss the five moral principles of decision making that you would apply in your therapy with Jambes. [10 marks]
- 2. Practicums and internship are important components of training in clinical psychology.
  - (a) (i) Differentiate between practicum and internship [2 marks]
  - (ii) Explain any three importances of each [6 marks]
    - Practicum

# **PSYC 460**

•	Interns	hip

- (iii) Evaluate any two uses of supervision during practicum and internship.

  [4 marks]
- (b) Describe the history and philosophical background of clinical psychology [8 marks]
- 3. (a) Evaluate any five methods that are utilized for assessment of clients in clinical psychology. [10 marks]
  - (b) With the aid of a well-labeled diagram, describe the Humanistic model of psychotherapy as outlined by Abraham Maslow [10 marks]
- 4. Explain any ten ethical issues that a clinical psychologist should bear in mind in his/her practice. [20 marks]

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