

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATIONS**

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF  
PSYCHOLOGY**

**PSYC 234: PSYCHOLOGY OF ADOLESCENCE**

**STREAMS:**

**TIME: 2 HOURS**

**DAY/DATE: WEDNESDAY 14/07/2021**

**2.30 P.M. – 4.30 P.M.**

**INSTRUCTIONS:**

- **Answer question one and any other two**

**QUESTION ONE**

- (a) Briefly explain the meaning of the following terms as used in the field of Adolescence growth and development. (10 marks)
- (i) Adolescence
  - (ii) Self-concept
  - (iii) Sexuality
  - (iv) Transition
  - (v) Adolescence growth and development
- (b) State any TWO major changes that take place in each of the following aspects during adolescence growth. (10 marks)
- (i) Physical aspect
  - (ii) Sexual aspect
  - (iii) Cognitive aspect
  - (iv) Social aspect
  - (v) Emotional aspect
- (c) Briefly describe any five health issues that may affect adolescents. (10 marks)

**QUESTION TWO**

- (a) Describe the THREE major stages of adolescent development. (10 marks)
- (b) Discuss five developmental characteristics of adolescents. (10 marks)

**QUESTION THREE**

- (a) Name and discuss the common challenges facing adolescents today. (10 marks)
- (b) As a psychologist/counselor, what solutions would you offer on the above challenges. (10 marks)

**QUESTION FOUR**

- (a) Discuss how peer relationships may affect adolescent growth and development. (10 marks)
  - (b) Explain the role of parents in helping their children navigate through adolescence. (10 marks)
- .....