

**CHUKA**



**UNIVERSITY**

**UNIVERSITY EXAMINATIONS  
EXAMINATION FOR THE AWARD OF  
DIPLOMA IN DISASTER MANAGEMENT**

**DIMA 0225: PSYCHOSOCIAL INTERVENTION IN DISASTERS**

**STREAMS: Y2S1**

**TIME: 2 HOURS**

**DAY/DATE: WEDNESDAY 31/3/2021**

**2.30 PM – 4.30 PM**

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**INSTRUCTIONS:**

- Answer ALL Questions in Section A and any other two Questions in Section B.

**SECTION A**

**Question 1**

- Explain the meaning of the following terms as used in psychological interventions in disasters.
  - Mental illness [2 Marks]
  - Disaster behavioral health [2 Marks]
- Discuss the different phases of disaster mental health. [6 Marks]
- Using practical examples, discuss the effects of disasters on children. [7 Marks]
- Explain three goals of Psychological first aid (PFA) in post-disaster interventions. [6 Marks]
- Discuss the importance of Disaster and emergency psycho-social support. [7 Marks]

**SECTION B**

**Question Two**

- a. With relevant examples discuss the grief cycle as explained by psychiatrist Elisabeth Kubler. [10 Marks]
- b. Discuss five Mental health consequences of disasters. [10 Marks]

**Question Three**

- a. Explain the Steps of Facilitating Psychological debriefing. [10 Marks]
- b. Explain challenges faced by people with physical disabilities in natural disasters. [10 Marks]

**Question Four**

- a. Discuss instruments for psycho-social intervention. [10 Marks]
- b. Elaborate factors that enhance disabled resilience to disaster events. [10 Marks]

**Question Five**

- a. Discuss the counseling process steps. [10 Marks]
  - b. State common mental disorder seen in disaster affected population. [10 Marks]
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