

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**FOURTH YEAR EXAMINATION FOR THE AWARD OF DEGREE OF
BACHELOR OF SCIENCE IN NURSING**

**NURS 448: MEDICAL SURGICAL NURSING SPECIALITIES VIII (PALLIATIVE
CARE NURSING)**

STREAMS: Y4S1

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 31/3/2021

8.30 AM – 10.30 AM

INSTRUCTIONS:

- 1. Do not write anything on the question paper.**
- 2. Mobile phones and any other reference materials are NOT allowed in the examination room.**
- 3. The paper has three sections. Answer ALL questions.**
- 4. All your answers for Section I (MCQs) should be on one page.**
- 5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.**
- 6. Write your answers legibly and use your time wisely**

MULTIPLE CHOICE QUESTIONS (20MARKS)

1. Metabolic causes of nausea includes
 - a. Chemotherapy
 - b. Ketoacidosis
 - c. Radiotherapy
 - d. Infections
2. Beneficence entails
 - a. Doing good
 - b. Doing no harm
 - c. Being open
 - d. Being caring
3. Pain is
 - a. Objective
 - b. Subjective
 - c. Cognitive
 - d. Perceptual
4. The pain produced by stimulation of specific sensory receptors in the viscera and somatic structures is
 - a. Neuropathic pain
 - b. Visceral pain
 - c. Nociceptive pain
 - d. Situation pain
5. Severe pain is pharmacologically managed by
 - a. Ibuprofen
 - b. Morphine
 - c. Codeine
 - d. Tramadol

For questions 6 to 10, indicate whether the statement is True or False regarding the palliative care.

6. It uses a team approach to address the needs of patients and their families
7. It is synonymous with hospice care
8. It can be given simultaneously with curative treatment
9. It does not hasten nor postpone death
10. It integrates the psychological and spiritual aspects of patient care

11. The 'gold standard' against which other analgesics are measured is
 - a. Ibuprofen
 - b. Morphine
 - c. Codeine
 - d. Tramadol
12. The correct morphine dose is
 - a. The one that gives pain relief
 - b. Below 20mg per oral 4hourly
 - c. Above 20mg per oral 4hourly
 - d. The one that does not cause side effects
13. The following are morphine common side effects. Which one is not
 - a. Itching
 - b. Drowsiness
 - c. Constipation
 - d. Headache
14. Adjuvant analgesics
 - a. Mechanism of action is the same as for other analgesics
 - b. Are useful in pain that is not sensitive to opioids
 - c. Can be used alone or in conjunction with other analgesics
 - d. Include metoclopramide and bisacodyl
15. Which one is not an adjuvant used in palliative care
 - a. Antispasmodics
 - b. Anxiolytics
 - c. Corticosteroids
 - d. Opioids
16. Nonverbal communication includes
 - a. Talking
 - b. Repeating
 - c. Listening
 - d. Summarizing
17. Miscommunication is common as a result of the following except
 - a. Culture
 - b. Environment
 - c. Stress
 - d. Empathy

18. To obtain facts rather than knowledge of feelings from a client, a palliative care giver should use
- a. Open ended questions
 - b. Closed ended questions
 - c. Focus group interviews
 - d. Questionnaires
19. Open-ended questions should be
- a. Thought provoking
 - b. Brief
 - c. Restricting
 - d. Ambiguous
20. Caring is one of the principles of palliative care. It entails
- a. Understanding and accepting client`s situation
 - b. Being concerned about client`s well-being
 - c. Not revealing any information gotten from the client
 - d. Avoiding condemning and criticizing clients

SHORT ANSWER QUESTIONS (30mks)

1. State five (5) cardiac causes of breathlessness (5marks)
2. Confusion is one of the most distressing symptoms. Describe its management

(5marks)

3. Malnutrition is very common in Africa. State five (5) possible causes (5marks)
4. Explain four (4) principles to help care providers communicate effectively

(8marks)

5. Explain Possible Consequences of Ineffective Communication in Palliative Care (7marks)

LONG ANSWER QUESTION (20MKS)

- (i) State four (4) Clinical problems classified as emergencies within Palliative Care (4marks)
- (ii) Describe the management of clinical problems you have stated in part (i) (16marks)
-