CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

FOURTH YEAR EXAMINATION FOR BACHELOR OF SCIENCE IN NURSING

NURS 445: MEDICAL SURGICAL SPECIALITIES V (DERMATOLOGY)

STREAMS: Y4S1

TIME: 2 HOURS

DAY/DATE:

INSTRUCTIONS:

- 1. Do not write anything on the question paper.
- 2. Mobile phones and any other reference materials are NOT allowed in the examination room.
- 3. The paper has three sections. Answer ALL the questions
- 4. All your answers for Section I (MCQs) should be on one page.
- 5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
- 6. Write your answers legibly and use your time wisely

SECTTION I: Multiple Choice Questions(MCQs) (20mks).

- 1. What is the pathogenesis of vitiligo?
 - a) Congenital lack of pigmentation
 - b) Autoimmune destruction of melanocytes
 - c) Increase in the number of melanocytes
 - d) Benign proliferation of melanocytes
- 2. What disorder is characterised by an initial 'herald patch' which is then followed by scaly erythematous plaques usually in a 'Christmas tree' distribution?
 - a) Pityriasis rosea
 - b) Herpes
 - c) Varicella zoster virus
 - d) Erysipelas
- 3. How does lichen planus present clinically?
 - a) Salmon coloured plaques with silvery scale
 - b) Pruritic, red, oozing rash with edema
 - c) Golden coloured crusts
 - d) Pruritic, purple, polygonal, planar papules and plaque

- 4. What is the infective agent implicated in acne?
 - a) Staphylococcus aureus
 - b) Streptococcus pyogenes
 - c) Staphylococcus epidermidis
 - d) Propionibacterium acnes
- 5. What is the pathogenesis of pemphigus vulgaris?
 - a) IgG antibody against desmoglein
 - b) IgG antibody against hemidesmosome components
 - c) Autoimmune deposition of IgA at tips of dermal papillae
 - d) Enzyme defect in tyrosinase
- 6. An elderly lady presents to her doctor with a raised, round discoloured plaque, 'stuck on appearance' on her face. What skin condition is this?
 - a) Rubella
 - b) Seborrheic keratosis
 - c) Basal cell carcinoma
 - d) Melasma
- 7. How does impetigo present?
 - a) Salmon coloured plaque with silvery scale
 - b) Comedones, pustules and nodules
 - c) Golden honey coloured crust over an erythematous base
 - d) Flesh coloured papule with a rough surface
- 8. What is the best indicator of prognosis for a melanoma?
 - a) Asymmetry
 - b) Colour
 - c) Diameter
 - d) Invasion of the dermis
- 9. What childhood infection is associated with Koplik spots?
 - a) Varicella
 - b) Rubella
 - c) Measles
 - d) AIDS
- 10. Management of seborrheic dermatitis include:
 - a) Ensuring the affected area is always dry.
 - b) Leaving the scales in place to enhance quick healing.
 - c) Cleaning the affected area with hot water
 - d) Advise the patient to keep the skin slightly moist.
- 11. A patient comes to the dermatology clinic with complaints of having developed a circular lesion with irregular outer portions and palpable margins. This lesion is likely to be a;
 - a) Malignant melanoma
 - b) Follicle
 - c) Acne vulgaris
 - d) Furuncle.
- 12. Skin graft can be classified as ;
 - a) Autografts, plastic grafts, homografts.

- b) Autografts, homografts, xenografts.
- c) Autografts, xenografts, artificial grafts.
- d) Homografts, xenografts, artificial grafts.
- 13. The following comprise of the five (5) sub –layers of epidermis from top to bottom
 - a) Stratum corneum, stratum granulosum, stratum spinosum, stratum lucidum, stratum basale.
 - b) Stratum corneum, stratum granulosum, stratum lucidum, stratum spinosum, stratum basale.
 - c) Stratum cornea, stratum lucidium, stratum granulosum, stratum spinosum, stratum basale.
 - d) Stratum spinosum. Stratum corneum, stratum ludidum, stratum granulosum, startum basale.
- 14. Pruritus is an important symptom of
 - a) Cutaneous fungal infections & Liver/Renal disease
 - b) Liver/Renal disease & Secondary syphilis
 - c) Secondary syphilis & Biliary cirrhosis
 - d) Atopic dermatitis & Leprosy
- 15. Which of the following skin disorder is caused by NSAIDS?
 - a) Systemic lupus erythematosus (SLE)
 - b) Xerosis
 - c) Psoriasis
 - d) Xerosis
- 16. Which of the following skin disorder is most likely to affect Photo developers?
 - a) Sporotrichosis
 - b) Xerosis
 - c) Skin carcinomas
 - d) Lichenoid eruption
- 17. Tinea is classified by its location on the body. which tinea covers the groin and upper thighs?
 - a) Tinea capitis
 - b) Tinea cruris
 - c) Tinea unguium
 - d) Tinea nigra
- 18. Which tinea covers the palms and sores;
 - a) Tinea nigra
 - b) Tinea versicolor
 - c) Tinea unguium
 - d) Tinea cruris
- 19. Which cancer of skin is an epidemic in AIDS patients?
 - a) Squamous cell carcinoma
 - b) Basal cell carcinoma

- c) Malignant melanoma
- d) Kaposi's sarcoma.
- 20. Which one of the following lesions is an example of a satellite lesion?
 - a) Candidiasis
 - b) Stevens Johnson syndrome
 - c) Psoriasis
 - d) Urticaria

SECTION 11: SHORT ANSWER QUESTIONS (30 MARKS)

- 1. Describe three (3) types of skin abscesses (6 marks)
- 2. State six (6) primary skin lesions that may be found on the skin during physical examination (6 Marks)
- 3. Explain seven (7) preventive measures of tinea pedis (7marks)
- 4. Outline five nursing interventions applied in management of patients following skin Graft (6 marks).
- 5. State five (5) skin diseases in which pain is an important symptom (5 mark)

SECTION 111: LONG ASWER QUESTIONS (20 MARKS)

- 1. Fatuma is admitted in burns unit with 30% burns.
 - a. State four types of burns(4mks)
 - b. Describe her management in the first 24 hours (12 marks)
 - c. State four complications of burns (4 marks)