### **CHUKA**



#### UNIVERSITY

### UNIVERSITY EXAMINATIONS

## FOURTH YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF SCIENCE IN NURSING

# NURS 441: MEDICAL SURGICAL NURSING SPECIALITIES I (OPHTHALMIC NURSING)

STREAMS: Y4S1

**TIME: 2 HOURS** 

DAY/DATE: WEDNESDAY 24/3/2021 2.30 PM – 4.30 PM

#### **INSTRUCTIONS:**

- 1. Do not write anything on the question paper.
- 2. Mobile phones and any other reference materials are NOT allowed in the examination room
- 3. The paper has three sections. Answer ALL questions.
- 4. All your answers for Section I (MCQs) should be on one page.
- 5. Number ALL your answers and indicate the order of appearance in the space provided in the cover page of the examination answer booklet.
- 6. Write your answers legibly and use your time wisely

### **MULTIPLE CHOICE QUESTIONS (20MARKS)**

- 1) Hordeolum
  - a. Is a suppurative infection
  - b. Is treated with cold compresses
  - c. Incision and drainage is the treatment of choice
  - d. If recurrent its treated with topical antibiotics

- 2) Corneal sensations are diminished in:
- a) Herpes simplex
- b) Conjunctivitis
- c) Fungal infections
- d) Marginal keratitis
- 3) Blephalitis
  - a. Originates from infected eye lash follicle
  - b. Is inflammation of the meibomian glands
  - c. Is Inflammation of the eyelid margins
  - d. Is inversion of lower eye lid into eye
- 4. A patient is most likely to experience pain due to infection of the ethmoidal air cells sinus
- a) At the base of the skull.
- b) On the forehead.
- c) In the cheeks.
- d) Between the eyes.
- 5. The leading cause of preventable blindness in the world is
  - a. Cataracts
  - b. Trachoma
  - c. Hypertension
  - d. Diabetes mellitus
- 6. The most important symptom differentiating orbital cellulitis from panophthalmitis is:
- a) Vision
- b) Pain
- c) Redness
- d) Swelling
- 7. Mr Nzioka has sudden painless loss of vision, with systolic murmur. Ocular examination reveals a cherry red spot with clear Anterior Chamber, the likely diagnosis is:
- a) Central Retinal Artery Occlusion
- b) Central Retinal Vein Occlusion
- c) Diabetes Mellitus
- d) Branch Retinal Vein Occlusion

- 8. The type of optic atrophy that follows retro-bulbar neuritis is:
- a) Secondary optic atrophy
- b) Consecutive optic atrophy
- c) Glaucomatous optic atrophy
- d) Primary optic atrophy
- 9. In retinal detachment, fluid accumulates between:
- a) Outer plexiform layer and inner nuclear layer.
- b) Neurosensory retina and layer of retinal pigment epithelium
- c) Nerve fiber layer and rest of retina.
- d) Retinal pigment epithelium and Bruch's membrane.
- 10. The inspection of internal structures of the eye is done by
  - a) Snellen's chart
  - b) Ophthalmoscope
  - c) Naked eye
  - d) Tonometry
- 11. Trachoma is
  - a) The opacity of the lens
  - b) Increased intra-ocular pressure
  - c) Treated with anti-allergic drugs
  - d) Infectious
- 12. The following is not true about chronic open-angle glaucoma
  - a. Can lead to optic nerve damage
  - b. Can result from overuse of steroid
  - c. Can lead to sudden loss of peripheral vision
  - d. Can result from trauma
- 13. In Angle Closure Glaucoma
  - a) There is persistent dull pain in the eye
  - b) Permanent blindness is impossible
  - c) Intraocular pressure may exceed 50mmHg
  - d) The eye enlarges

- 14. Early signs of Retinoblastoma include
  - a) Leukokoria and strabismus
  - b) Lacrimation and poor vision
  - c) Red eye
  - d) Painful eye
- 15. Signs and symptoms of uveitis include the following except
  - a. Photophobia
  - b. Redness
  - c. Pain
  - d. Tearing
- 16. Risk factors for Retina detachment include
  - a) Conjuctivitis
  - b) Myopia
  - c) Hyperopia
  - d) Strabismus
- 17. A painless red eye can result from
  - a) Conjuctivitis and Pterygium
  - b) Keratitis and Iridocyclitis
  - c) Acute angle closure glaucoma
  - d) Episcleritis and Scleritis
- 18. Dry eyes and Dacryocystitis are disorders of
  - a) Lacrimal system
  - b) Meibomian glands
  - c) Anterior and posterior chambers
  - d) Ciliary processes
- 19. Posterior uveitis affect
  - The choroid
  - b. The iris
  - c. Ciliary body
  - d. Retina

- 20. Which one is not a complication of uveitis
  - a. Involvement of central nervous system
  - b. Cataracts
  - c. Retinal detachment
  - d. Macular degeneration

### **SHORT ANSWER QUESTIONS (30 MARKS)**

1) State five (5) Indications for Cold Compresses in the management of eye disorders

(5Marks)

- 2) Compare and contrast myopia and hyperopia (6Marks)
- 2) Explain four (4) functions of tears in the eye (8Marks)
- 3) Describe three risk factors to development of strabismus (6Marks)
- 4) State five (5) clinical features/ Symptoms of Retinal detachment (5Marks)

### **LONG ANSWER QUESTION (20 MARKS)**

Mr Mbugua 45 years old has been suffering from cataracts. He is admitted in a hospital for Intracapsular cataract extraction.

i) Define cataracts (2Marks)

- ii) Describe the two types of cataracts (6Marks)
- iii) Explain post-operative nursing management following Intracapsular cataract extraction

(12Marks)

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