

CHUKA



UNIVERSITY

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**EXAMINATION FOR THE AWARD OF
DIPLOMA IN COMMUNITY DEVELOPMENT**

CDEV 0120: ESSENTIAL ELEMENTS IN COUNSELING

STREAMS: DIP (COM.DEV)

TIME: 2 HOURS

DAY/DATE: TUESDAY 13 /07/ 2021

2.30 PM – 4.30 PM

INSTRUCTIONS:

- Answer question one (Compulsory) and any other Two questions.
- Do not write in the question paper

Q1. (a) Demonstrate your understanding of the following terms. [10 Marks]

Psychotherapy
Psychsocial
Family counseling
Non-maleficence
Person centred counseling

(b) Describe any five (5) basic counseling skills applied at stages one and two of the counseling process. [10 Marks]

(c) Describe with relevant examples any five categories of individuals that are likely to apply counseling skills to help others cope with their concerns. [10 Marks]

Q2. (a) Discuss five features of any two models of counseling. [10 Marks]

(b) Describe with relevant examples any five ethical principles applied by counselors. [10 Marks]

Q3. (a) Discuss any five family therapy techniques. [10 Marks]

- (b) Describe any two stages of counseling to manage psycho-social problems. [10 Marks]
- Q4. (a) Explain any six tenets of family counseling /therapy [12 Marks]
- (b) Discuss four advantages of group therapy [8 Marks]
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