

CHUKA



UNIVERSITY

**UNIVERSITY EXAMINATION
RESIT/SUPPLEMENTARY / SPECIAL EXAMINATIONS
EXAMINATION FOR THE AWARD OF DIPLOMA IN COMMUNITY
DEVELOPMENT**

CDEV 0120: ESSENTIAL ELEMENTS IN COUNSELING

STREAMS:

TIME: 2 HOURS

DAY/DATE: MONDAY 01/11/2021

2.30 P.M - 4.30 P.M.

INSTRUCTIONS:

Answer question One (compulsory) and ANY other TWO

Question ONE

- a. Define the following terms as used in counseling (10 marks)
 - i. Group counseling
 - ii. Counselor
 - iii. Empathy
 - iv. Guidance
 - v. Psychotherapy
- b. Discuss any five skills used in counseling (10 marks)
- c. Explain any five techniques used in psychoanalytic theory (10 marks)

QUESTION TWO

- a. Discuss the three main stages of the counseling process (10 marks)
- b. Outline any five relationship enhancement techniques used in counseling (10 marks)

QUESTION THREE

- a. Highlight any five functions of counselor skills in counseling (10 marks)

- b. Describe any five issues that may be brought to a counselor (10 marks)

QUESTION FOUR

- a) Explain any four goals of counseling (8 marks)
- b) Discuss three types of questions that should be avoided in counseling (6 marks)
- c) Mention three differences between counseling and guidance (6 marks)
-