

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**EXAMINATION FOR THE AWARD OF
CERTIFICATE IN COMMUNITY DEVELOPMENT**

CDEV 00120: INTRODUCTION TO COUNSELING

STREAMS:

TIME: 2 HOURS

DAY/DATE: TUESDAY 6 /07/ 2021

11.30 AM – 1.30 PM

INSTRUCTIONS:

- Answer question ONE (Compulsory) and any other TWO questions.
- Do not write on the question paper

QUESTION ONE

a.) Define the following terms as used in counseling

- | | |
|--------------------------|-----------|
| i) Counseling | [2 Marks] |
| ii) Ethics | [2 Marks] |
| iii) Group Counseling | [2 Marks] |
| iv) Family Counseling | [2 Marks] |
| v) Individual Counseling | [2 Marks] |
- b) Discuss any five counseling opportunities. [10 Marks]
- c) As community counselor, discuss your role in the community. [10 Marks]

QUESTION TWO

- a) Explain Counseling techniques used in behavior therapy. [10 Marks]
- b) State and explain any five ethical practices of counseling. [10 Marks]

QUESTION THREE

- a) Discuss the following models of Counseling:
 - i) Psychoanalysis [10 Marks]
 - ii) Humanistic therapies. [10 Marks]

QUESTION FOUR

- a) Explain five Counseling skills you will employ while carrying out family Counseling in the community. [10 Marks]
 - b) Discuss five principles of Counseling. [10 Marks]
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