

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**THIRD YEAR EXAMINATION FOR THE AWARD OF
DEGREE OF BACHELOR OF EDUCATION (ARTS & SCIENCE)**

EPSC 331: PRINCIPLES OF GUIDANCE AND COUNSELLING

STREAMS: BED (ARTS & SCIE) Y3S2

TIME: 2 HOURS

DAY/DATE: TUESDAY 6 /07/ 2021

11.30 AM – 1.30 PM

INSTRUCTIONS:

- Answer question one (Compulsory) and any other two questions.
- Do not write anything on the question paper

QUESTION ONE

1. (a) By defining these terms show how they are related to counseling:

- Guidance
- Psychology
- Philosophy
- Religion
- Medicine

[10 Marks]

(b) Mr. Onyango is a cancer patient who attends Chemotherapy sessions every week at Kenyatta National Hospital. He has a form two girl in your class who is seriously affected by her fathers illness. Leading to her poor academic performance in class. Her mother passed on three years back and left the family under care of her daughter Ann

(Form two girl) who is the first born. She has two younger brothers and sister who are in Primary school. You as a counselling teacher.

- (i) Which three skills of counseling would you apply in helping Ann who has come for counseling? [6 Marks]
- (ii) Which would be the most appropriate theory / approach that you would employ in handling Ann's case and why? [9 Marks]
- (iii) Suppose Ann requested you to do counseling to her father who is ailing which stages of termination would you take her father through to let him die peacefully since he has cancer in its stage 4? [5 Marks]

QUESTION TWO

- 2a) Distinguish counseling from Guidance. [10 Marks]
- (b) Examine critically the need for attending skill when counseling clients. [10 Marks]

QUESTION THREE

- 3.(a). Discuss the key ethical issues in counseling that every counselor should be aware of. [10 Marks]
- (b) Describe any five uses of Psychological tests by citing relevant examples of such tests. [10 Marks]

QUESTION FOUR (20 MARKS)

- 4.(a) You are invited in Kilimo High School as a motivational Speaker to address on “ Psychological and Social problems of adjustment among high school students”. Basing your answers on this:
 - (i) Define psychological and social problems among students. [2 Marks]
 - (ii) Identify any five such disorders and diagnostic signs of each. [10 Marks]
- (b) Identify any four qualities a counseling teacher should possess in order to offer therapeutic counseling to her clients and explain each one of them. [8 Marks]

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