

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATION

RESIT/SPECIAL EXAMINATION

**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
(SCIENCE, ARTS)**

EPSC 331: PRINCIPLES OF GUIDANCE AND COUNSELLING

STREAMS:

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 03/11/2021

8.30 A.M – 10.30 A.M

INSTRUCTIONS

- **Answer ALL Questions**
- **Do not write in the question paper**

QUESTION ONE

- a) Differentiate between guidance and counseling
- b) Guidance and counseling is very crucial in our Educational institutions today. Explain five issues or challenges that call for guidance and counseling in schools, colleges and Universities today (10marks)

QUESTION TWO

- a) Explain five principles of counseling that are key in the counseling process (10marks)
- b) Highlight five skills of counseling that help the counseling process to unfold

QUESTION THREE

- a) Discuss eight challenges in guidance and counseling in modern Kenya (10marks)
- b) Explain four limitations of a teacher counselor in schools today (4marks)

QUESTION FOUR

- a) Show understanding of seven qualities of a good counselor (4marks)
- b) Identify three incidences when confidentiality can be broken (4marks)

QUESTION FIVE

- a) Counseling process normally take three stages that include
 - i) Exploration
 - ii) Understanding stage
 - iii) Action stage

Explain what happens in each stage during the counseling process (6marks)

- b) Briefly explain the ideas advanced by the following theories in counseling theory
 - i) Psychoanalytic theory by Sigmund Freud
 - ii) Humanistic theory (4marks)
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