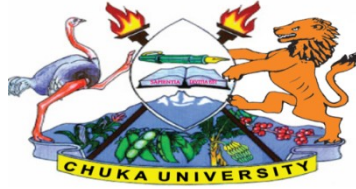


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**EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF EDUCATION
EPSC 331: PRINCIPLES OF GUIDANCE AND COUSSELLING**

STREAMS: BED SB/PT

TIME: 2 HOURS

DAY/DATE: TUESDAY 5/10/2021

8.30 A.M – 10.30 A.M

INSTRUCTIONS

Answer question one and any other two questions

Do not write on the question paper

QUESTION ONE

(a) Define the following terms as used in guidance and counselling process. [18 marks]

- (i) Counsellee
- (ii) Counsellor
- (iii) Guidance
- (iv) Confidentiality
- (v) Autonomy
- (vi) Fidelity
- (vii) Counselling
- (viii) Career guidance
- (ix) Referral

(b) Using six well explained points, distinguish between guidance and counselling.

[12

marks]

QUESTION TWO

(a) The counselling process uses certain principles. Explain five of these principles. [10 marks]

(b) Highlight five counselling skills that are very crucial in the counselling process. [10 marks]

QUESTION THREE

(a) Highlight four resources necessary for effective guidance and counselling in a school setting. [8 marks]

(b) Discuss six situations when a counselor may break confidentiality. [12 marks]

QUESTION FOUR

(a) For counselling process to be effective the teacher counsellor must portray certain qualities. Briefly explain five of these qualities. [10 marks]

(b) Highlight five ideas used in counselling as enhanced by psychoanalytic theory. [10 marks]
