

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**THIRD YEAR EXAMINATION FOR THE AWARD OF DEGREE OF BACHELOR OF
EDUCATION**

EPSC 331: PRINCIPLES OF GUIDANCE AND COUNSELLING

STREAMS: BED SB/PT

TIME: 2 HOURS

DAY/DATE: WEDNESDAY 21/07/2021

8.30- A.M – 10.30 A.M

INSTRUCTIONS:

Answer question one and any other two questions

1. (a) Describe the following types of counselling services which a teacher may use in a school situation.

(i) Group counselling

(ii) Individual counselling

(iii) Crisis counselling

(iv) Preventive counselling

(v) Developmental counselling

[10 marks]

(b) Define the following terms as used in the guidance and counselling process.

(i) Termination

(ii) Counsellor

(iii) Counsellee (or client)

(iv) Empathy

(v) Dual relationship

(vi) Guidance

(vii) Counselling

(c) Highlight the procedures and the importance of the listed counselling techniques.

(i) Silence

(ii) Teaching

(iii) Self- disclosure [6 marks]

2. Confidentiality is a major principle to be observed in the counselling process.

(i) Define the term “confidentiality. [2 marks]

(ii) Discuss giving examples six instances when confidentiality can be broken. [18

marks]

3. Discuss any ten challenging issues that require counselling services among high school/ college/ University students in Kenyan educational institutions. [20 marks]

4. Assume that you are applying for a counsellor position in an institution or organization. You are asked “ what ten (10) personal characteristics would make you and effective counsellor?” How would you reply? [20 marks]