

CHUKA



UNIVERSITY

UNIVERSITY EXAMINATIONS

**SECOND YEAR EXAMINATION FOR THE AWARD OF
DEGREE OF BACHELOR OF ARTS AND SCIENCE**

EPSC 221: PSYCHOLOGY OF LEARNING

STREAMS: Y2S2

TIME: 2 HOURS

DAY/DATE: TUESDAY 6 /07/ 2021

2.30 PM – 4.30 PM

INSTRUCTIONS:

- Answer question one (Compulsory) and any other two questions.
- Do not write anything on the question paper

1. (a) Explain the following terminologies as used in psychology of learning.
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|------------------------------|-----------|
| (i) Learning | [2 Marks] |
| (ii) Personality | [2 Marks] |
| (iii) Classical conditioning | [2 Marks] |
| (iv) Extinction | [2 Marks] |
| (v) Reinforcement | [2 Marks] |
- (b) Explain how best you would apply punishment in your class to avoid its negative effect. [10 Marks]
- (c) Discuss five cognitive distortions that supports irrational automatic thoughts. [10 Marks]

2. (a) Explain how you would use any five principles of learning to help your form three students learn more effectively. [10 Marks]
- (b) Analyse five factors that may affect learning among secondary schools in Kenya. [10 Marks]
3. (a) Explain the four phase of learning according to social Learning theory. [8 Marks]
- (b) Discuss how cognitive therapist dispute and confront clients with irrational beliefs in their counseling practice. [12 Marks]
4. (a) Identify five reasons why students forget what they have learnt. [5 Marks]
- (b) Suggest five advices you would give to your form four class to help them improve their memory as they prepare for KCSE. [5 Marks]
- (c) Discuss Five learning approaches you would use to help your students transfer learning in your subject. [10

Marks]
